



**For Immediate Release**

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## **TRILLIUM HEALTH PARTNERS' EMERGENCY DEPARTMENTS EXPERIENCING HIGHER THAN NORMAL PATIENT VOLUMES**

(Mississauga, ON) – Facing higher than normal patient volumes in its Emergency Departments over the past few weeks, Trillium Health Partners is reminding people to take the proper precautions in order to stay healthy this winter season.

“Many people tend to get sick at this time of year,” said Dr. Eric Letovsky, Chief and Medical Director of the Emergency Department at Trillium Health Partners. “We want our community to take care of themselves, so that they stay healthy. In order to do so, there are a few simple things that people can do to protect themselves from things like the flu this winter.”

Community members can protect themselves by:

- Getting the flu shot.
- Staying home if you feel sick so that you don't infect your co-workers and friends.
- Washing your hands thoroughly; this will help prevent the spread of illnesses like the flu virus.
- Coughing or sneezing into a tissue, or your sleeve.
- Keeping commonly touched surfaces disinfected.

There are also a number of health care resources available throughout the community:

- Walk-in clinics in Mississauga
  - For locations and hours of operation visit:  
<http://www.feelbetterfaster.ca/FBF/Page.aspx?id=11066>
- Walk-in clinics in Etobicoke
  - For locations and hours of operation visit:  
<http://www.feelbetterfaster.ca/FBF/Page.aspx?id=11060>
- The Urgent Care Centre at Trillium Health Partners – Queensway Health Centre
  - Monday-Sunday – 8:00am – 10:00pm
- Emergency Departments at Trillium Health Partners – Mississauga Hospital and Credit Valley Hospital open 24 hours a day, everyday

For more information on additional health care options, please visit [www.feelbetterfaster.ca](http://www.feelbetterfaster.ca).

“Feelbetterfaster.ca is a wonderful tool for patients who require medical assistance but are unsure where to get the care best suited to their needs,” said Dr. Letovsky. “This collaborative effort between community partners helps to ensure that patients receive the care they need in a timely manner, close to home.”

## About Trillium Health Partners

Trillium Health Partners is one of the largest community-based acute care facilities in Canada. Comprised of Credit Valley Hospital, the Mississauga Hospital and the Queensway Health Centre. Trillium Health Partners serves the growing and diverse populations of Mississauga, West Toronto and surrounding communities. Trillium Health Partners is a teaching hospital affiliated with the University of Toronto. Trillium Health Partners is an associate member of the Toronto Academic Health Science Network.

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